

Web Site Resources for residents for information and assistance

www.Mass.gov/dph

For public health information and resources within the state of Massachusetts

www.CDC.gov

For public health information within the United States and world wide

www.Ready.gov

The website provides information on emergency preparedness in three areas: Get a Kit, Make a Plan and Be Informed

1. Get a Kit

This section provides information in the following areas:

- Water, food, clean air
- First Aid Kit contents
- Older Americans
- People with disabilities and other special needs
- Pet Items

2. Make a Plan

This section provides information on making a plan in the following areas:

- Deciding to stay or go
- School and workplace
- Neighborhoods and Apartments
- In High-Rise Buildings
- In a moving vehicle

3. Be Informed

This section provides information on becoming informed in the following areas:

- Natural and man-made threats

www.Pandemicflu.gov

Information on seasonal, avian and pandemic influenza preparedness