

# Groveland Council On Aging News

Town Hall—183 Main Street, Groveland MA 01834 Phone (978) 372-1101 Fax (978) 469-5008

Office Hours: Monday 7:30am-7:00pm Tuesday/Wednesday/Thursday 7:30am-4:00pm  
Fridays 9:00am-12:00pm

E-Mail: [LStanton@GrovelandMA.com](mailto:LStanton@GrovelandMA.com) Website: [www.GrovelandMA.com](http://www.GrovelandMA.com) (Find the COA linked under "Town Depts.")

*The Mission of the Council On Aging is to advocate for Groveland's older adults, to identify their needs, to develop and implement services, to meet their health, economic, social and cultural needs, to encourage maximum independence and to improve their quality of life.*

## JANUARY – FEBRUARY 2018

### January / February Highlights

#### COA & Town Hall CLOSED

Mon., Jan. 1, Jan. 15 + Feb. 19  
*New Year's Day, Martin Luther King, Jr. Day, and Presidents' Day*

#### HEALTH + FITNESS PROGRAMS

- ☞ Mon. & Thurs. at 11:00am – Pentucket Walking Club at PRHS
- ☞ Tues., 10:00am – Reiki / Meditation (see class dates in calend.)
- ☞ Fridays from 11am-12pm – Yoga with Mary VanAbs
- ☞ Every Monday—9:30-11:30am *Advanced Painting w/ Frank*
- ☞ Mondays at 12:00pm *Movie Afternoon*
- ☞ Wednesdays—9:30 Elements of Drawing w/ Frank Sadowski (NO class Jan. 3, 17 and Feb. 7, 21)
- ☞ (Wed.) Jan. 3 + Feb. 7—10:30 *"Mystery Book Club"*
- ☞ (Thurs.) Jan. 4 + Feb. 1—10:30 *COA Social Hour*
- ☞ (Mon.) Jan. 8 + Feb. 12—10:00 *FREE Legal Monday w/ Atty. Elaine Dalton*
- ☞ (Tues.) Jan. 9 + Feb. 13—8:30 *Men's Breakfast*
- ☞ (Thurs.) Jan. 18—10:00am *Van Trip – IMAX Reading MA*
- ☞ (Tues.) Jan. 30 + (Tues.) Feb. 27—9:30 *Van Trip – Mystery Ride*
- ☞ *Veterans' Services* with M.Ingham (Call 978-374-2351 ext 32 for appoint.)
- ☞ (Thurs.) Feb. 15—9:30am *Van Trip – Museum of Fine Art*

### AARP Tax Appointments



Beginning on Thursday, February 8, AARP tax volunteers will be available every other week to prepare income tax returns. Documents needed are listed on the back of the newsletter. Preparation help is available for taxpayers of low and moderate income. Appointments are required and fill quickly.

### Senior Center Initiative

Check out the COA website at [www.GrovelandMA.com](http://www.GrovelandMA.com) under "departments" (as well as the town's website) to learn dates / times for coming Building Committee Meetings and our Architect's presentations!

*Lynne Stanton*  
COA Director

**FRIENDS OF GROVELAND COA**  
**Winter Hiatus ... next meeting:**  
**Thurs., March 8 – 3:00pm**  
*All are welcome!*

### B'day Bash!



**Thurs., Jan. 11 + Feb. 8**  
**12:00pm**

#### Center Room - Town Hall

Lunch will be catered by *Chicken Connection* (menu selection TBA), yummy cake, great company, raffles, and ... entertainment provided by *Patrick Runne (Jan.) + Andrew McCauley (Feb.)*.

**RESERVATIONS REQUIRED**  
Payment (\$8.00 per person) needed to reserve your spot by Mon., Jan. 8<sup>th</sup> + Feb. 5<sup>th</sup>

**COA BOARD OF DIRECTORS**  
*Attend a meeting! Learn what's new as we continue our Senior Center Initiative!*



**Wed., Jan. 17 + Feb. 21**  
**at 9:30am**  
**Police Station Conference Room**  
*All are welcome!*

**Board of Directors:** Frank Sadowski (Chairman) ★ Dot DiChiara (Treasurer)  
★ Laurel Puchalski (Secretary) ★ Anita Wright ★ Kathryn Alesse

**Director:** Lynne Stanton **Programs/Data/Transportation:** Nisha Burke **Outreach:** Amanda Fisher  
**Van Driver:** Richard McNeil **Meals Program:** 978-686-1422

## On-Going Services

For information on any of the following services, or for reservations, please call the COA office at: 372-1101

◆ **Meals on Wheels** Available for homebound elders. Call the COA office at (978) 372-1101 to arrange assistance. *Current clients* with cancellations / changes: Call Meals Program at 978-686-1422

◆ **Shopping at Market Basket – Wednesdays - NEW PICK UP TIME - 11:00am (1:00pm return)!**

## Transportation Options

**LOCAL (Groveland, Haverhill, Georgetown) =**

**\$5.00 round trip**

**OUTSIDE the 3 towns =**

**\$10.00 round trip**

◆ COA Van rides are \$5.00 (Groveland, Haverhill and Georgetown). OUTSIDE the 3 towns, van rides are \$10.00 round trip. Call us to book a ride at 978-372-1101.

◆ **NEET (Northern Essex Elder Transport)** for medical and necessary transportation. The cost of a NEET ride is .43 cents *per mile to and from appointment*. (Donation only for low income elders.) **The COA requires at least two (2) BUSINESS DAYS notice** when you call to make a reservation. Call us to book a ride at 978-372-1101.

◆ **FREE Rides:** Call MVRTA's "Ring & Ride" (978-469-6878) for rides within Groveland and to ... Amesbury, Georgetown, Haverhill, Lawrence, Methuen and Newburyport. Choose "Special Services" when prompted—Press "option #3"—24 hours ahead to book transportation

◆ **Hairdresser** is available for in-home "hair care" for women *and* men: Flexible schedule with day/evening hours. Women's Wash/Cut - \$25, Color/Style - \$30, Men's Cut - \$15.

◆ **Game Day—Wednesday afternoons, 12:30-3:30** at Town Hall – Center Meeting Room—*All welcome!*

◆ **Blood pressure + B12 shots (BYO meds)** at Town Hall **3<sup>rd</sup> Thursday** of the month. Clinics: Jan. 18 + Feb. 15 from 9:00am-11:00am with Groveland Board of Health nurse, Anita Wright.

◆ **Podiatrist** Dr. Lynch at Town Hall. **3<sup>rd</sup> Thursday** of month: Jan. 18 + Feb. 15. Appointments fill quickly. *Call one week before clinic*. Doctor will make visit to homebound Groveland elders.

## MR. FIX-IT SHOP

Have a small item (such as a lamp or toaster) in need of repair? Call the COA to set up a drop-off time.

**GROVELAND RESIDENTS ONLY**

## COA Social Hour

Thurs., Jan. 4 + Feb. 1

10:30 – Noon

Center Meeting Room – Town Hall  
Join us for an informal, casual get together ... Chat and beat the "blahs"!!! Stop in for coffee, conversation and a chance to meet new folks. We'll also give you the inside scoop on the latest news / events happening at your COA.

## Monday Movies

January 8

*"All Saints"* – Drama (PG)

Cara Buono, John Corbett

January 22

*"Kingsmen: The Golden Circle"* – Action/Comedy (R)

Taron Egerton, Colin Firth

January 29

*"Stronger"* – Bio/Drama (R)

Jake Gyllenhaal, Tatiana Maslany

February 5

*"Dunkirk"* – Drama/History (PG13)

Fionn Whitehead, Damien Bonnard

February 12

*"Battle of the Sexes"* – Bio/Drama (PG13)

Emma Stone, Steve Carell

February 26

*"Home Again"* – Comedy/Romance (PG13)

Reese Witherspoon, Michael Sheen

**Center Meeting Room -Town Hall**

★ **Movies Begin at 12:00pm** ★

## "Mystery Book Club"

(Co-Hosted by the COA + Sue Nakanishi, librarian at the Langley-Adams Library)



(Wed.) **January 3 – 10:30am**

*The Trespassers* by Tana French

(Wed.) **February 7 – 10:30am**

*The Couple Next Door* by Shari Lepen

(Copies available at the library. If new to the club, please contact Sue at the library so that she can make sure you get a copy of this book.)

**Center Meeting Room – Town Hall**

*Refreshments served!*

## Free - Legal Monday

With Atty. Elaine Dalton



Mon., Jan. 8 + Feb. 12

10:00-11:00am

Call for a free 15 minute legal consultation.

Call the COA ... appointments required!

## Men's Breakfast



"The Real CSI" with NECC Speaker's Bureau

Tues., January 9<sup>th</sup>

"Sports Talk" with Bill Burt

Tues., February 13<sup>th</sup>

8:30am

2018 - \$8.00 per person - new menu!

(Reservations required!)

## "Pentucket Walking Club"

Twice weekly ... Mondays and Thursdays

11:00am (at Pentucket High School)

Walk (rain or shine) through the halls and stairways (if you want) of the high school. Stop by the COA before attending to fill out your release / registration form

## Reiki and Guided Meditation

Tuesdays at 10:00am (\$5.00 per class)

January 9, 23, 30 + February 6, 13, 27

Center Meeting Room—Town Hall

Join Sue Cullen from High Vibration Wellness, Inc. for "Reiki and Guided Meditation." This is a group experience. Sue will guide you through a meditation and relaxing Reiki. You will be sitting, focus on breath while listening to soothing music.

## Thrift Shop at the

Groveland Congregational Church

4 King Street - (978) 372-6617

[www.grovelanducc.org](http://www.grovelanducc.org)

Hours: Wednesdays 8:00am - Noon

Saturdays 8:00am - Noon

Children's clothing, adult clothing, toys, handbags, shoes, books, misc. items.

## AMERICAN LEGION

(NATHAN WEBSTER POST 248)

VEASEY PARK

(WE'VE MOVED BACK TO OUR HOLD HOME!)

USUALLY 2<sup>ND</sup> WEDNESDAY AT 7:00PM

MEETINGS: JAN. 10 + FEB. 14

FOR MORE INFO RE. NEXT MEETING ...

CALL DAVE TUTTLE AT 978-360-8107

## Office Hours

With Groveland Selectman Ed Watson

Ask questions and get help solving problems.

(2<sup>nd</sup> Tuesday) January 9 + February 13

(also ... March 13)

10:00-11:00am

Back Meeting Room—Town Hall

## Sen. Bruce Tarr's Office Hours

with Richard A. Curran

Constituent Services and Community Outreach

(Tues.) January 16 + February 13

9:30-10:30am

Center Meeting Room—Town Hall

## VETERANS' SERVICES

WITH MICHAEL J. INGHAM

APPOINTMENTS REQUIRED -

CALL 978-374-2351 EXT. 32

OR MINGHAM@GROVELANDMA.COM

## Gentle Yoga with Mary VanAbs

Fridays - 11:00am

Cost: \$5.00 per class

Center Meeting Room - Town Hall

## Advanced Painting

with Frank Sadowski

Mondays - 9:30am - 11:30am

Center Meeting Room - Town Hall

## Elements of Drawing

with Frank Sadowski

Wednesdays - 9:30am - 11:30am

NO CLASS - Jan. 3, 17 and Feb. 7, 21

Center Meeting Room - Town Hall

All are welcome!

## Art with Marcia Nadeau

Mondays - 3:00pm

Classes held in the Pentucket High School Art Room! (Park in the rear by the gym and enter through the band room!)

**Reminder - Buy Online? – Pay / Exchange at New "Meet Up Spot"!**

The Groveland Police Dept. has established a "Meet Up Spot" in the police station parking lot (green sign shows spot) at 181 Main Street to give people a safe and secure meeting place to complete online transactions. Rather than give out home address or risk a robbery, residents can make in-person exchanges of merchandise and cash while under video surveillance. Know that the station is staffed 24/7 and security cameras are always on!

**Thank You to ♥  
Groveland's Sweethearts**

**HUGE thanks ♥** to the Groveland Police Assoc. (especially *Lt. Dwight McDonald*) for the delicious "Ultimate Perk" coffee and goodies for the COA's Holiday Party ♥ to the *Groveland Congregational Church* (and faithful deliveryman *Ron Mertens*) for the *Panera Bread* surplus ♥ to the *residents of Nichols Village* for their "Seniors Helping Seniors" fundraiser for the COA ♥ to the ever fabulous *Irene Sirr* for the gorgeous holiday bouquets ♥ to *Cathy Connolly* ♥ to *Sandy and Bob Daniels* ♥ to *Jane and Ken Field* ♥ to *Lee and Justin Hart* ♥ to *Ann Jones* ♥ to *Beth Maguire* ♥ to *Ardie and Carl Much* ♥ to the *Puchalski Family* ♥ to the good folks from *Penacook Place* for their delicious "Penacookies" ♥ and to *Barbara Stewart and family in loving memory of James Stewart* for their very generous donations!

**January / February Happenings**

**Langley-Adams Library**

978-372-1732 or [www.langleyadamslib.org](http://www.langleyadamslib.org)  
All programs are Free & open to the public!

**Mon., January 29 6:30pm**

**"El Camino de Santiago"**

Join us for an evening with Kristine Malpica and sing-song writer/guitarist Meg Rayne while they share their musical El Camino de Santiago pilgrimage (500 miles) from France to Spain. This is a travel/history/music program.

**Mon., February 12 6:30pm**

**Abe Lincoln**

Local historian, Lee Thomas, will present a program on the life and career of our 16<sup>th</sup> president.

**Knit-a-bitters** meet every Monday (except holidays) from 6:30-7:45 pm. All ages / levels of knitters are welcome!

**Nichols Village Book Club** meets the 3<sup>rd</sup> Tuesday each month in their Arts/Crafts room from 3:14-4:00pm.

January's book will be *Mrs. Tom Thumb* by Melanie

Benjamin and February's will be *The Art Forger* by B.A. Shapiro.

**Wednesday Evening Book Club** will meet January 17<sup>th</sup> at 6:45 pm. Book title is *I'll Take You* by Wally Lamb. Librarian Lauren Towler is the facilitator.

**Movie Fridays** Jan. 12 – Victoria and Abdul, Jan. 26 – Mountain Between Us, Feb. 9 – Marshal, Feb. 23 – Goodbye Christopher Robin.

**Scrabble Fridays** 10:30am to 1:30pm. The group is always look for more players! Call the library for dates.

**The Italian Conversation Group** meets every Wednesday from 3-4pm (except Wed., Feb. 21<sup>st</sup>).

**ELDER ABUSE HOTLINE**

**800 - 922 - 2275**

Elder abuse includes physical, emotional and sexual abuse, neglect by a caregiver, self-neglect and financial exploitation. Elder abuse reports may be made to the statewide Elder Abuse Hotline (1-800-922-2275), which operates on a seven days a week, 24 hours a day basis. Anyone can make an elder abuse report. Safety first.

**Annual Rebuilding Day**

**on Saturday, April 28, 2018**

**Application deadline extended! Eligibility:**

- Own and occupy your home for at least 2 years
- Meet Federal HUD low-income guidelines (Call for info).
- Live in the Greater Haverhill area (Haverhill, Groveland, Georgetown, Boxford, Merrimac, West Newbury, and Plaistow, NH)
- Priority is given to homes that need safety and accessibility modifications. Other restrictions may apply.
- If you or someone you know needs help with home repairs, modifications (such as grab bars or a wheelchair ramp), energy efficiency, please ask for an application by calling:

**Tel: 978-469-0800 or email**

**RTHaverhill@outlook.com**

Rebuilding Together Greater Haverhill, Inc. is a registered 501(c)3 non-profit organization that has been helping homeowners in the area for 25 years.

**NEW MEDICARE CARDS**

Between April 2018 and April 2019, Medicare will be removing Social Security numbers from Medicare cards and mailing each person a new card. The new card won't change your coverage or benefits.

**How you can get ready:**

- Make sure your mailing address is up to date (contact Soc Sec at [ssa.gov/myaccount](http://ssa.gov/myaccount) or 1-800-772-1213).
- Beware of anyone who contacts you re. your new Medicare card.
- Mailing everyone a new card will take time. Your card might arrive a different time than friend's/neighbor's.



# JANUARY 2018

## Programs-Services-Events

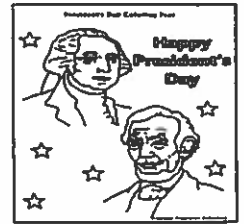


| Sun   | Mon   | Tue  | Wed  | Thu   | Fri   | Sat      |
|---|---|--|--|---|---|----------|
|   | <b>1</b><br><b>COA CLOSED</b><br><i>Happy New Year!</i>                           | <b>2</b><br><i>NO Reiki + Meditation</i>   | <b>3</b><br><i>10:30 Mystery Book Club</i><br><b>NO Drawing</b><br><i>11-1 Shopping</i><br><i>12:30 Game</i>                     | <b>4</b><br><b>10:30 Social Hour</b><br><i>11:00 Pentucket Walking Club</i> | <b>5</b><br><b>11:00 Yoga w/ Mary</b>   | <b>6</b> |
| <b>7</b><br><b>8</b><br><b>9:30 Advanc. Painting</b><br><i>10:00 Atty. Dalton</i><br><i>11:00 Pentucket Walking Club</i><br><i>12:00 Movies</i> | <b>9</b><br><b>8:30 Men's Breakfast</b><br><b>10:00 Reiki + Meditation</b>        | <b>10</b><br><b>9:30 Elements of Drawing</b><br><i>11-1 Shopping</i><br><b>12:30 Game Day</b>                    | <b>11</b><br><i>11:00 Pentucket Walking Club</i><br><br><b>12:00 B'day Bash</b>  | <b>12</b><br><b>11:00 Yoga w/ Mary</b>                                      | <b>13</b><br><b>Friends of COA SAVERS fund raiser drop off.</b><br><b>Cong'l Church Community Lunch 11:30</b> |          |
| <b>14</b><br><b>15</b><br><b>COA CLOSED</b><br><b>Martin Luther King, Jr. Day</b>   | <b>16</b><br><i>NO Reiki + Meditation</i>   | <b>17</b><br><b>9:30 COA Board Meeting</b><br><b>NO Drawing</b><br><i>11-1 Shopping</i><br><b>12:30 Game Day</b> | <b>18</b><br><b>9:00-11:30 Foot + Blood Pressure Clinic</b><br><b>10:00 Van Trip—IMAX</b><br><i>11:00 Pentucket Walking Club</i> | <b>19</b><br><b>11:00 Yoga w/ Mary</b>                                      | <b>20</b><br><b>Snow Day—Friends of COA SAVERS fund raiser drop off</b>                                       |          |
| <b>21</b><br><b>22</b><br><b>9:30 Advanc. Painting</b><br><i>11:00 Pentucket Walking Club</i><br><i>12:00 Movies</i>                            | <b>23</b><br><b>10:00 Reiki + Meditation</b>                                      | <b>24</b><br><b>9:30 Elements of Drawing</b><br><i>11-1 Shopping</i><br><b>12:30 Game Day</b>                    | <b>25</b><br><i>11:00 Pentucket Walking Club</i>   | <b>26</b><br><b>11:00 Yoga w/ Mary</b>                                      | <b>27</b><br>   |          |
| <b>28</b><br><b>29</b><br><b>9:30 Advanc. Painting</b><br><i>11:00 Pentucket Walking Club</i><br><i>12:00 Movies</i>                            | <b>30</b><br><b>9:30 Van Trip—Mystery Ride</b><br><b>10:00 Reiki + Meditation</b> | <b>31</b><br><b>9:30 Elements of Drawing</b><br><i>11-1 Shopping</i><br><b>12:30 Game Day</b>                    |  |   |   |          |



# FEBRUARY 2018

## Programs-Services-Events



| Sun        | Mon   | Tue  | Wed   | Thu   | Fri                          | Sat  |
|------------|---|--|---|---|------------------------------|--|
|            |   |  |   | 1<br><br>10:30 Social Hour<br>11:00 Pentucket Walking Club  | 2<br>11:00 Yoga w/ Mary<br>  | 3<br>  |
| 4<br><br>  | 5<br>9:30 Advanc. Painting<br>11:00 Pentucket Walking Club<br>12:00 Movies                        | 6<br>10:00 Reiki + Meditation                                | 7<br>NO Drawing<br>10:30 Mystery Book Club<br>11-1 Shopping<br>12:30 Game Day | 8<br>11:00 Pentucket Walking Club<br><br>12:00 B'day Bash   | 9<br>11:00 Yoga w/ Mary<br>  | 10<br>FREE Cong'l Church Community Lunch<br>11:30am-1:00pm |
| 11<br><br> | 12<br>9:30 Advanc. Painting<br>10:00 Atty. Dalton<br>11:00 Pentucket Walking Club<br>12:00 Movies | 13<br>8:30 Men's Breakfast<br>10:00 Reiki + Meditation       | 14<br>9:30 Elements of Drawing<br>11-1 Shopping<br>12:30 Game Day             | 15<br>9:00-11:30 Foot + Blood Pressure Clinic<br>9:30 Van Trip—Museum<br>11:00 Pentucket Walking Club | 16<br>11:00 Yoga w/ Mary<br> | 17<br>   |
| 18<br>     | 19<br>COA CLOSED<br>Presidents' Day   | 20<br>NO Reiki + Meditation                                  | 21<br>9:30 COA Board Meeting<br>NO Drawing<br>11-1 Shopping<br>12:30 Game Day | 22<br>11:00 Pentucket Walking Club  | 23<br>11:00 Yoga w/ Mary<br> | 24   |
| 25<br><br> | 26<br>9:30 Advanc. Painting<br>11:00 Pentucket Walking Club<br>12:00 Movies                       | 27<br>9:30 Van Trip—Mystery Ride<br>10:00 Reiki + Meditation | 28<br>9:30 Elements of Drawing<br>11-1 Shopping<br>12:30 Game Day             |   |                              |  |

## Groveland Van Trips



You are welcome to call ... on the  
1<sup>st</sup> day of the new month to sign up for trips!

Call Nisha @ 978-372-1101 between the hours of  
9:00am to 3:00pm for information or reservations.

### Thursday, January 18 Jordan's IMAX

See "Star Wars - The Last Jedi" with Daisy Ridley and Mark Hamill in Imax. Time for lunch at Fuddruckers and exploring the candy shop. Tickets can be purchased ahead of time online or the day of at the box office. (Come into the office for assistance) **Depart: 10:00am / Return: 4:00pm**  
**Cost: Van \$10.00 / Senior ticket: \$11.50 / Lunch on your own**

### Tuesday, January 30 Mystery Ride

Sign up for one of our monthly favorites. Seats fill up quickly. You never know where the mystery rides will take you! Enjoy lunch and fun on Richard's Mystery Ride, and maybe find a new hidden treasure in our own backyard.  
**Depart: 9:30am / Return: 3:00pm**  
**Cost: Van \$10.00 / Lunch on your own**

### Thursday, February 15 Museum of Fine Arts

There is a collection on loan from the National Gallery of Art in Washington D.C. Enjoy an immersive display of 11 masterpieces by Mark Rothko. Full list of exhibits available at mfa.org. (Check w/local libraries for museum passes!)  
**Depart: 9:30am / Return: 3:00pm**  
**Cost: Van \$10.00 / Admission: \$23.00 / Lunch on your own**

### Tuesday, February 27 Mystery Ride

Sign up for one of our monthly favorites. Seats fill up quickly. You never know where the mystery rides will take you! Enjoy lunch and fun on Richard's Mystery Ride, and maybe find a new hidden treasure in our own backyard.  
**Depart: 9:30am / Return: 3:00pm**  
**Cost: Van \$10.00 / Lunch on your own**

## 2018 Motorcoach & Overnight Trip List

*with Best of Times*

[www.bestoftimestravel.com](http://www.bestoftimestravel.com)

★ All Flyers will be available for  
2018 Trips after the new year ★

## Exact dates to follow

- *Enchanted Ireland*
- *Eagles Tribute*
- *Country Legends*
- *Everly Brothers*
- *Dancing Dream*
- *Bobby Rydell*
- *Kenny and Dolly tribute*
- *Buddy Holly tribute*
- *Rod Stewart tribute*
- *Spirit of Boston*
- *Isles of Shoals*
- *Simon Pearce Glassblowing & King Arthur Fall Foliage*
- *Norman Rockwell's Home for the Holidays*

## Overnight Trips

- *April 26-30 Virginia Tattoo, PA Dutch & Williamsburg*
- *June 29-July 3 Nova Scotia w/Tattoo Fest*
- *July 10-13 Montreal + Quebec Getaway*
- *August 12-16 Big Montana Sky*
- *September 25-30 The Biltmore Estate*

*If there is a travel destination you are interested in that is not listed, we have full catalogues available in the office that show all trips offered.*

## Outreach Info

Are you, or someone you know, concerned about maintaining independence? Are you interested in downsizing or learning more about housing options for the future? Call **Amanda Fisher at the COA** anytime to set up a **private, confidential appointment**—for help filling out applications, faxing forms or to make arrangements for a home visit for you or a loved one!

## Food Pantry Schedule

Our very limited food pantry is open for your shopping pleasure **Tuesday, Wednesday and Thursday from 9:00am-2:00pm**. PLEASE call ahead to be sure staff is available! Market Basket gift cards, when available and for Groveland seniors, are available once each month.

March 7<sup>th</sup> & 8<sup>th</sup>, 2018  
(Wed & Thurs.)

Location: Venus De Milo  
Swansea, MA

*The Enchanted Music of Ireland Tour comes alive as Andy Cooney once again gathers together the finest musicians, dancers and performers to ignite their audiences in the Irish tradition.*

Andy Cooney, has 7 Carnegie Hall sellouts under his belt and recently filled The David Geffen Hall at Lincoln Center with The New York Tenors on December 12, 2016. His outstanding voice and dynamic stage presence has always been a favorite among young and old everywhere. His talent and versatility provide the ability to deliver a song directly to the hearts of his audience. Andy is surely one of the greatest singing sensations on the Irish Music scene today. Christened "Irish America's Favorite Son" by The New York Times, it's a title he truly deserves. Andy has recorded 19 albums to date including "Bright Brand New Day" with Phil Coulter and his Orchestra. Andy and Phil frequently tour together and recently completed a 3 week tour of the US in March 2017. Andy's latest CD "Irish Country Skyline", released in the

summer of 2016 was a journey back to his Country music roots. This release has been getting huge airplay all over Ireland and the UK with his hit singles "On The Eighth Day" and "My Rose of Ballinrobe" both written by Andy.

Joining Andy on tour is the vocal sensation Shauna McStravock from Ireland. Shauna recently released her first album entitled "In The Middle of Love". This young lady in her mid 20's has already shared the stage with some of the best and brightest names on the Irish & Country music scene include the Bellamy Brothers, Daniel O'Donnell, Nathan Carter, Mike Denver, Philomena Begley plus many more. Shauna is also the popular TV presenter on **Keep it Country TV** in Ireland and has her own popular TV show 'Shauna's Country' which has proven to be a huge success reaching number one in the ratings and gaining new fans from across the world.

Accompanying Andy and Shauna is The Irish Pops Ensemble, lead by musical director Bugs Moran, who will perform exquisite arrangements. Completing the bill are the World Class Irish Dancers, all of which make this a terrific Irish Celebration in 2018!

**Price: \$69pp** - Includes Lunch, Show, Tax & Gratuity

**Price Including Transportation: \$92**

from Most New England Locations (Driver Gratuity Not Incl.)

**Group Discount: 5% (Equals 1 Comp for 20)**

**Plated Luncheon Meal Choice:**

Corned Beef and Cabbage or Baked Haddock  
Also Included: Minestrone Soup, Vegetables,  
Breads, Dessert, Coffee/Tea

For Reservations or Further Information, Please Call Best of Times Travel 1.800.343.8999



# Join the Friends in 2018!

Please consider joining the Friends of Groveland Council on Aging in 2018, either through your \$5 membership (Jan-Dec) and/or through your help with our efforts to support programs and services for our town elders.

Thanks to you all, we have accomplished much this past year, including resuming the running of our popular Town-wide Yard Sale on the 3<sup>rd</sup> Saturday in September. We raised almost \$2,000 with that sale in 2017, including a generous amount from Savers Store in Plaistow, where many yard sale participants took their unsold items after the sale. In 2018, the sale will be held on September 15, rain or shine. If you have items you want to get rid of before that, think about our annual "Out With the Old and In With the New" upcoming collection at Savers on Saturday, January 13 (with a snow date of January 20). Just take your items outside to the left corner of the store, and be sure to TELL HELPERS WHEN YOU UNLOAD THAT YOUR CONTRIBUTION IS FOR THE GROVELAND FRIENDS. And thank you.

Thanks to your support and many volunteers, we were able to help fund numerous Council on Aging activities, including monthly birthday party cakes, entertainers and other supplies as needed. Since the Senior Center Initiative is moving ahead at a good pace, we look forward to raising funds and supporting the needs of the new Center, once it is built. Of course, we are thinking very positively that you seniors and other voters in town will support our need for a building of our own. We feel it is time for Lynne Stanton and her capable staff to move out of the two cramped rooms they currently use in Town Hall (with the large meeting room also used for special events and activities). We are among the few area COAs without a building of our own, despite having over 31% of our residents aged 60 and over! I was shocked when I heard those statistics, aren't you? We sincerely hope you care enough to attend the Annual Town Meeting on April 30, 2018 at Bagnall School and vote there for an over-ride to fund this project, and do the same at the Town Election on May 7. The cost of the project is currently being worked out by the architect and the Senior Center Building Committee. The building will be located behind the Police/Fire Station and in front of the River Pines housing complex. The site is very convenient, being close to the town offices, library, and elder/handicapped housing. We hope we can count on your support.

We would also like to invite you to join with our committee, as we are a very welcoming group and encourage new members at our monthly meetings. We take time off in mid-winter and mid-summer, and our usual meetings are on the first Thursday of the month at 3:00pm in Town Hall. However, our next meeting is changed to March 8 due to scheduling difficulties.

**Thank you for joining the Friends, in whatever capacity you are able.**

Sincerely, Valerie Osborne, President, FGCOA (978-374-6253)

✂ ✂ ✂ CUT AND MAIL-IN TO ADDRESS BELOW ... OR DROP AT COA OFFICE! ✂ ✂ ✂

2018 Friends of Groveland Council on Aging Membership Application (mail to Friends of Groveland Council on Aging, Inc., P.O. Box 301, Groveland, MA 01834 or drop off at the COA office in Town Hall)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

New/former member? \_\_\_\_\_ Amount enclosed? \_\_\_\_\_

I would like to know more about becoming a member: \_\_\_\_\_ Y/N

Please contact me at (phone or e-mail): \_\_\_\_\_

**AARP Tax Preparation at the COA at Town Hall**  
**(AARP Tax Aide is a free service for people with moderate income.)**

Please bring the following paperwork with you when you come to Town Hall to have your income taxes done:

- ❖ Photo ID
- ❖ Copy of last year's tax returns (2016).
- ❖ SS cards or other official documentation for yourself, spouse, and all dependents
- ❖ SSA-1099 form if you were paid Social Security benefits
- ❖ 1099-R form(s) if you received pension or annuity benefits, or an IRA distribution
- ❖ All 1099 forms (1099-INT, 1099-DIV, 1099-B) showing interest, dividends, and/or sale of stock (Bring records/documentation giving cost basis (purchase price & adjustments) of assets sold)
- ❖ W-2 forms from each employer
- ❖ Unemployment compensation payments
- ❖ 1099-misc showing any miscellaneous income
- ❖ All forms indicating federal income tax paid (Withholding, estimated payments, or portion of previous year's refund)
- ❖ Lists (medical, contributions, etc) of applicable expenses if itemizing deductions (Keep receipts or cancelled checks for 3 years in case of audit)
- ❖ Dependent care provider information (Name, address, employer EIN or SS number & expenses)
- ❖ RE Tax and Water/Sewer Payments for MA Senior Circuit Breaker Credit (If your only income is Social Security and a small pension you're likely eligible for Mass. Circuit Breaker credit).
- ❖ Health Insurance Form(s) only if not on Medicare
- ❖ Rent paid during the year
- ❖ Expenses paid for septic system upgrade
- ❖ Carryover losses from schedule D

**Required by IRS and AARP Policies:**

Please fill out Pages 1 and 2 of the Intake/Interview Form *prior to your appointment*, either at home or just prior to your appointment. The Tax-Aide counselor will review it with you and assist you with Page 2 as needed.

AARP volunteers are pleased to do tax returns for young, and not so young, as long as you have *low to moderate income. There is no dollar limit on moderate income, but if someone has income over \$50,000 they should seek a paid preparer.*

Appointments are scheduled for 60 minutes. If you think your return may be more complicated, and requires more time, we were advised that you probably need a paid preparer's help.

RETURN SERVICE REQUESTED

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 up-to-date! IF YOU WOULD  
 PREFER NOT TO RECEIVE  
 the newsletter, kindly  
 give the COA office a call.

Groveland Council On Aging  
 Town Hall  
 183 Main Street  
 Groveland MA 01834