

# Groveland Council On Aging News

Town Hall—183 Main Street, Groveland MA 01834 Phone (978) 372-1101 Fax (978) 469-5008

Office Hours: Monday 7:30am-7:00pm Tuesday/Wednesday/Thursday 7:30am-4:00pm

Fridays 9:00am-12:00pm

E-Mail: [LStanton@GrovelandMA.com](mailto:LStanton@GrovelandMA.com) Website: [www.GrovelandMA.com](http://www.GrovelandMA.com) (Find the COA linked under "Town Depts.")

*The Mission of the Council On Aging is to advocate for Groveland's older adults, to identify their needs, to develop and implement services, to meet their health, economic, social and cultural needs, to encourage maximum independence and to improve their quality of life.*

## MARCH 2018

### MARCH Highlights

#### HEALTH + FITNESS PROGRAMS

☞ Mon. & Thurs. at 11:00am – Pentucket Walking Club at PRHS  
☞ Tuesdays in March—10:00am – Reiki / Meditation w/ Sue Cullen  
☞ Fridays from 11am-12pm – Yoga with Mary VanAbs

☞ Every Monday—9:30-11:30am *Advanced Painting* w/ Frank  
☞ Mondays at 12:00pm *Movie Afternoon*

☞ (Thurs.) March 1—10:30 *COA Social Hour*

☞ (Wed.) March 7—10:30 *"Mystery Book Club"*

☞ (Mon.) March 12—10:00 *FREE Legal Monday* w/ Atty. Elaine Dalton

☞ (Tues.) March 13—8:30 *Men's Breakfast* w/ Visiting Angels

☞ (Thurs.) March 15—9:30am *Van Trip – Boston Flower Show*

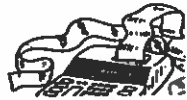
☞ (Mon.) March 19—5-7pm *Veterans' Services* with M.Ingham (978-374-2351 ext 32 for appoint.)

☞ (Tues.) March 20—10:00am *Blood Pressure and Diabetes* w/ Senior Whole Health

☞ (Thurs.) March 22—10:00am *Protecting Assets* w/ Atty. Elaine Dalton

☞ (Tues.) March 27—9:30 *Van Trip – Mystery Ride*

### Circuit Breaker Credit for Seniors



Adults age 65 and older (filing their MA tax return) are eligible to receive this tax credit when their property taxes and half of their water/sewer bills total more than 10% of their income. Or, if they rent an apartment (without a state or federal subsidy) they may get this tax credit if their rent is more than 25% of their income. Stop by Town Hall for a flyer with Details - prepared by Sen. Tarr's office!

### Senior Center Initiative

Check out the COA website at [www.GrovelandMA.com](http://www.GrovelandMA.com) under "departments" (as well as the town's website) to learn dates / times for coming Building Committee Meetings and our Architect's presentations!

*Lynne Stanton*  
COA Director

### FRIENDS OF GROVELAND COA

We're back! Next meeting:  
Thurs., March 8 – 3:00pm  
*All are welcome!*

### B'day Bash!



Thurs., March 8  
12:00pm

#### Center Room - Town Hall

Lunch will be catered by *Chicken Connection* (menu selection TBA), yummy cake, great company, raffles, and ... entertainment provided by *Paul Wayne!*

**RESERVATIONS REQUIRED**  
Payment (\$8.00 per person) needed to reserve your spot by Mon., March 5<sup>th</sup>

**COA BOARD OF DIRECTORS**  
*Attend a meeting! Learn what's new as we continue our Senior Center Initiative!*



Wed., March 21  
at 9:30am

Police Station Conference Room  
*All are welcome!*

Board of Directors: Frank Sadowski (Chairman) ★ Dot DiChiara (Treasurer)

★ Laurel Puchalski (Secretary) ★ Anita Wright ★ Kathryn Alesse

Director: Lynne Stanton Programs/Data/Transportation: Nisha Burke Outreach: Amanda Fisher

Van Driver: Richard McNeil Meals Program: 978-686-1422

## On-Going Services

For information on any of the following services, or for reservations, please call the COA office at: 372-1101

- ◆ **Meals on Wheels** Available for homebound elders. Call the COA office at (978) 372-1101 to arrange assistance. *Current clients* with cancellations / changes: Call Meals Program at 978-686-1422
- ◆ **Shopping at Market Basket – Wednesdays – NEW PICK UP TIME: 11:00am (1:00pm return)**

## Transportation Options

**LOCAL (Groveland, Haverhill, Georgetown) = \$5.00 round trip**  
**OUTSIDE the 3 towns = \$10.00 round trip**

- ◆ COA Van rides are \$5.00 (Groveland, Haverhill and Georgetown). OUTSIDE the 3 towns, van rides are \$10.00 round trip. Call us to book a ride at 978-372-1101.
- ◆ **NEET (Northern Essex Elder Transport)** for medical and necessary transportation. The cost of a NEET ride is .43 cents *per mile to and from appointment*. (Donation only for low income elders.) *The COA requires at least two (2) BUSINESS DAYS notice when you call to make a reservation.* Call us to book a ride at 978-372-1101.
- ◆ **FREE Rides:** Call MVRTA's "Ring & Ride" (978-469-6878) for rides within Groveland and to ... Amesbury, Georgetown, Haverhill, Lawrence, Methuen and Newburyport. Choose "Special Services" when prompted—Press "option #3"—24 hours ahead to book transportation

◆ **Hairdresser** is available for in-home "hair care" for women and men: Flexible schedule with day/evening hours. Women's Wash/Cut - \$25, Color/Style - \$30, Men's Cut - \$15.

◆ **Game Day—Wednesday afternoons, 12:30-3:30** at Town Hall – Center Meeting Room—*All welcome!*

◆ **Blood pressure + B12 shots (BYO meds) at Town Hall 3<sup>rd</sup> Thursday** of the month. Clinic: **March 15 from 9:00am-11:00am** with Groveland Board of Health nurse, Anita Wright. *Call the Board of Health office if you have any special concerns or questions for the nurse. Leave a message and you will be called back as soon as possible.*

◆ **Podiatrist** Dr. Lynch at Town Hall. **3<sup>rd</sup> Thursday** of month: **March 15** Appointments fill quickly. *Call one week before clinic.* Doctor will make visit to homebound Groveland elders.

## MR. FIX-IT SHOP

Have a small item (such as a lamp or toaster) in need of repair? Call the COA to set up a drop-off time.

**GROVELAND RESIDENTS ONLY**

## COA Social Hour

Thurs., March 1

10:30 – Noon

Center Meeting Room – Town Hall

Join us for an Informal, Casual get together ... chat and beat the "blahs"!!! Stop in for coffee, conversation and a chance to meet new folks. We'll also give you the inside scoop on the latest news / events happening at your COA.

## Monday Movies

March 5

*"Mountain Between us"* – Thriller/Action (PG13)

Kate Winslet, Idris Elba

March 12

*"Victoria and Abdul"* – Bio/Drama (PG13)

Judy Dench, Ali Fazal

March 19

*"Tulip Fever"* – Drama

Alicia Vikander, Cara Delevingne

March 26

*"The Big Sick"* – Drama/Romance (R)

Kumail Nanijani, Joe Kazan

Center Meeting Room -Town Hall

★ Movies Begin at 12:00pm ★

## "Mystery Book Club"

(Co-Hosted by the COA + Sue Nakanishi, librarian at the Langley-Adams Library)

(Wed.) March 7 – 10:30am

*Celine* by Peter Heller

(Copies available at the library. If new to the club, please contact Sue at the library so that she can make sure you get a copy of this book.)

Center Meeting Room – Town Hall

Refreshments served!

## A Special Library Event ...

Monday, March 12 –6:30pm

Special program with *Jane Healey*, author of *The Saturday Evening Girls' Club*.

Call the library to sign up, or for more info, at 978-372-1732. All welcome!

The Pentucket Arts Foundation  
and PRHS cast members invite ...  
Groveland, Merrimac, and W. Newbury  
seniors to a special Senior Matinee!

**"Back to the 80s"**

**Wednesday, March 7**

**3:00pm**

**Pentucket Regional High School  
Auditorium**

*Free light refreshments and drinks served at  
intermission. There will also be a raffle!*

**Free - Legal Monday**

With Atty. Elaine Dalton



**Monday, March 12**

**10:00-11:00am**

Call for a free 15 minute legal consultation.  
Call the COA ... appointments required!

**Men's Breakfast**



**Tuesday, March 13<sup>th</sup>**

**"Visiting Angels" with Sarah Hull**

**8:30am**

**2018 - \$8.00 per person – new menu!  
(Reservations required!)**

**"Pentucket Walking Club"**

Twice weekly ... Mondays and Thursdays  
**11:00am (at Pentucket High School)**

Walk (rain or shine) through the halls and stairways  
(if you want) of the high school. Stop by the COA  
before attending to fill out your  
release / registration form

**Reiki and Guided Meditation**

**(\$5.00 per class)**

**EVERY TUESDAY in March at 10:00am  
(EXCEPT March 20<sup>th</sup> at 1:00pm)**

**Center Meeting Room—Town Hall**

Join Sue Cullen from High Vibration Wellness, Inc. for  
"Reiki and Guided Meditation." This is a group  
experience. Sue will guide you through a meditation  
and relaxing Reiki. You will be sitting, focus on  
breath while listening to soothing music.

**"Blood Pressure and Diabetes"**

**With Senior Whole Health**



**Tuesday, March 20**

**10:00am**

**Light refreshments served!  
Center Meeting Room – Town Hall**

**"Protecting Your Assets**

**and Other**

**Elder Law Issues"**

With Atty. Elaine Dalton



**Thursday, March 22**

**10:00am**

**Light refreshments served!  
Center Meeting Room – Town Hall**

**Thrift Shop** at the

**Groveland Congregational Church**

**4 King Street – (978) 372-6617**

**www.grovelanducc.org**

**Hours: Wednesdays 8:00am – Noon**

**Saturdays 8:00am - Noon**

**Children's clothing, adult clothing, toys, handbags,  
shoes, books, misc. items.**

**St. James Episcopal Church**

**119 Washington St., Groveland**

**"Bean Supper"**

**Saturday, March 17**

**4:00-6:00pm**

**Adults - \$10 / Children (under 12) - \$5**

St. James will be holding a Bean Supper from  
4:00-6:00pm in the Parish Hall. We will be  
serving baked beans, hot dogs, potato salad,  
mac and cheese, coleslaw and homemade  
desserts. Credit cards accepted. For more  
info about this and other events, please visit  
online at: [www.saintjamesgroveland.org](http://www.saintjamesgroveland.org)

## Office Hours

With Groveland Selectman Ed Watson

Ask questions and get help solving problems.

(2<sup>nd</sup> Tuesday) March 13

10:00-11:00am

Back Meeting Room—Town Hall

## Sen. Bruce Tarr's Office Hours

with Richard A. Curran

Constituent Services and Community Outreach

(Tues.) March 13

9:30-10:30am

Center Meeting Room—Town Hall

## AMERICAN LEGION

(NATHAN WEBSTER POST 248)

VEASEY PARK

(WE'VE MOVED BACK TO OUR HOLD HOME!)

USUALLY 2<sup>ND</sup> WEDNESDAY AT 7:00PM

MEETING: WED., MARCH 14

FOR MORE INFO RE. NEXT MEETING ...

CALL DAVE TUTTLE AT 978-360-8107

## VETERANS' SERVICES

WITH MICHAEL J. INGHAM

MONDAY, MARCH 19

APPOINTMENTS REQUIRED —

CALL 978-374-2351 EXT. 32

OR MINGHAM@GROVELANDMA.COM

## Gentle Yoga with Mary VanAbs

Fridays – 11:00am

Cost: \$5.00 per class

Center Meeting Room – Town Hall

## Advanced Painting

with Frank Sadowski

Mondays - 9:30am - 11:30am

Center Meeting Room - Town Hall

## Art with Marcia Nadeau

Mondays - 3:00pm

Classes held in the Pentucket High School Art

Room! (Park in the rear by the gym and enter

through the band room!)

## Thank You to ♥ Groveland's Sweethearts

HUGE thanks ♥ to the *Groveland Congregational Church* (and faithful deliveryman *Ron Mertens*) for the *Panera Bread* surplus ♥ to *Ashley Bell* ♥ to *Cathy Connolly* ♥ to *Dianne Andrews* ♥ to *Doreen Blades* ♥ to *Sandy and Bob Daniels* ♥ to *Dot Dichiara* ♥

*Jane and Ken Field* ♥ to *Pat and Jim Jaworski* ♥ to *Ann Jones* ♥ to *Judy Lynn* ♥ to *Helen McGrath* ♥ to *Ardie and Carl Much* ♥ to *Cindy Taplin* ♥ and to the *Titus Family* for their very generous donations! ♥ Special thanks to the good folks at *Penacook Place* for their delicious cookies!

## NEW MEDICARE CARDS

Between April 2018 and April 2019, Medicare will be removing Social Security numbers from Medicare cards and mailing each person a new card. The new card won't change your coverage or benefits.

### How you can get ready:

- Make sure your mailing address is up to date (contact Soc Sec at [ssa.gov/myaccount](http://ssa.gov/myaccount) or 1-800-772-1213. - Beware of anyone who contacts you re. your new Medicare card. - Mailing everyone a new card will take time. Your card might arrive a different time than friend's/neighbor's.

## Ecosmith Recycling to Support COA

Please check out the recycle bin in the parking lot behind the police station (just before, and to the right, of the entrance to River Pines)! The purpose of the textile recycling bin is to collect clothing, towels, blankets, stuffed animals, curtains, shoes, purses and rags. All textiles are acceptable—even if cloth is ripped or stained! **Important: Please use a plastic bag to deposit textiles. Make sure the materials are dry.** (Wet materials will create mold and mildew and the load will have to be trashed.)

**Note: Ecosmith DOES NOT accept furniture, books, TVs (electronics), or paper.**

## Part Time Van Driver Wanted



The COA is looking for a part time van driver to drive our (no CDL required) 10 passenger van. Schedule is 13.5 hours per week 2 days per week / Monday and Tuesday. Job posting and description on town's website. Please send your resume and letter of interest to:

[DDembkoski@GrovelandMA.com](mailto:DDembkoski@GrovelandMA.com)

Denise Demboski – Finance/Personnel Director  
183 Main Street, Groveland MA 01834






**No phone calls or walk ins accepted!**



# MARCH 2018

## Programs-Services-Events



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1  10:30 Social Hour 11:00 Pentucket Walking Club	2 11:00 Yoga w/ Mary 	3
4  	5 9:30 Advanc. Painting 11:00 Pentucket Walking Club 12:00 Movies	6 10:00 Reiki + Meditation	7  10:30 Mystery Book Club 11-1 Shopping 12:30 Game Day	8 11:00 Pentucket Walking Club  12:00 B'day Bash	9 11:00 Yoga w/ Mary 	10 FREE Cong'l Church Community Lunch 11:30am-1:00pm
11  Daylight Savings Time Clocks AHEAD One Hour 	12 9:30 Advanc. Painting 10:00 Atty. Dalton 11:00 Pentucket Walking Club 12:00 Movies	13 8:30 Men's Breakfast 10:00 Reiki + Meditation	14 11-1 Shopping 12:30 Game Day	15 9:00-11:30 Foot + Blood Pressure Clinic 9:30 Van Trip—Boston Flower Show 11:00 Pentucket Walking Club	16 11:00 Yoga w/ Mary 	17  St. James Episcopal Church BEAN SUPPER 4-6PM
18  	19 9:30 Advanc. Painting 11:00 Pentucket Walking Club 12:00 Movies 5-7pm Veterans Serv	20 10:00 Blood Pressure and Diabetes 1:00 Reiki + Meditation (today only)	21 9:30 COA Board Meeting 11-1 Shopping 12:30 Game Day	22 10:00 Protecting Assets w/ Atty. Elaine Dalton 11:00 Pentucket Walking Club	23 11:00 Yoga w/ Mary 	24 Veasey Park Indoor Flea Market 8am-2pm
25  	26 9:30 Advanc. Painting 11:00 Pentucket Walking Club 12:00 Movies	27 9:30 Van Trip—Mystery Ride 10:00 Reiki + Meditation	28 11-1 Shopping 12:30 Game Day	29 11:00 Pentucket Walking Club	30 11:00 Yoga w/ Mary 	31 

# EXEMPTION OPTIONS FOR TAX RELIEF FOR PROPERTY OWNERS

Fiscal Year 2018 (July 1, 2017 to June 30, 2018)

Completed application and all required documents must be received in the Groveland Assessors Office by April 2, 2018.

Program	MGL, Ch 59, Sec 5	Income Limit	Asset Limit	Other Limitations	Exemption Amount	Forms
Elderly	CI 17D	None	\$40,000	Age 70 MA resident 5 yrs	\$175	Completed Application, Birth Certificate, 1099 or 2016 Federal Tax Return
Elderly	CI 41C	Single \$20,000 Married \$30,000	Single \$40,000 Married \$55,000	Age 65 MA resident 10 yrs	\$500	Completed Application, Birth Certificate, 1099 or 2016 Federal Tax Return
Widow/Widower	CI 17	None	\$40,000	Widowed before 7-1-17	\$175	Completed Application, Death Certificate, 1099 or 2016 Fed. Tax Return
Blind	CI 37A	None	None	Certified before 7-1-17	\$437.50	Completed Application, Blind Certificate
Veterans	CI 22	None	None	10% Service Related Disability, MA resident before 7-1-17	10% \$400 100% \$1,000	Completed Application DD214, Statement of Employment 22E Letter
Real Estate Tax Deferral	CI 41A	\$20,000	None	Age 65, MA resident 10 years	Delay up to 100% of property value in RE taxes until sale of property	Completed Application, Birth Certificate, 1099 or 2016 Federal Tax Return
Real Estate Tax Work-Off (work to be done in calendar year)	CI 51K	Single \$40,000 Married \$55,000	None	Age 60 + Groveland resident 10 years	\$500	Application, Completed—Approved Work-Off Form, 1099 or 2016 Federal Tax Return
Veterans' Work Off Program - "Valor Act"	CI 51N	Single \$40,000 Married \$55,000	None	Honorably Discharged Veterans Groveland resident 10 years	\$500	Application, Discharge Papers, Completed / Approved Work-Off Form, 1099 or 2016 Federal Tax Return

Please contact the Assessors Office at (978) 372-8528 for additional information and the application forms.

Deb Webster at the Assessors Office or staff at the Council On Aging are available to assist with the completion of the application.

## Groveland Van Trips



You are welcome to call ... on the  
1<sup>st</sup> day of the new month to sign up for trips!

Call Nisha @ 978-372-1101 between the hours of.  
9:00am to 4:00pm for information or reservations.

### Thursday, March 15 Boston Flower and Garden show

This year's theme is "Savor Spring"! As winter wanes, our designers will whet your appetite for the sumptuous joys of the season ahead. Colorful gardens and floral designs will incorporate elements of the popular food gardening trend including organics, small-space gardens, homesteading hobbies, edibles as ornamentals and family-friendly spaces for outdoor dining and entertaining. Tickets may be purchased ahead of time @ [bostonflowershow.com](http://bostonflowershow.com)

Depart: 9:30am / Return: 3:00pm

Cost: Van \$10.00 / Admission \$17 (senior)

Lunch on your own

### Tuesday, March 27 Mystery Ride

Sign up for one of our monthly favorites. Seats fill up quickly. You never know where the mystery rides will take you! Enjoy lunch and fun on Richard's Mystery Ride, and maybe find a new hidden treasure in our own backyard.

Depart: 9:30am / Return: 3:00pm

Cost: Van \$10.00 / Lunch on your own

## 2018 Motorcoach & Overnight Trips

with Best of Times

[www.bestoftimestravel.com](http://www.bestoftimestravel.com)

★ Flyers are available now ★

### Thursday, March 8 Enchanted Music of Ireland

"The Enchanted Music of Ireland Tour" comes alive as Andy Cooney once again gathers together the finest musicians, dancers and performers to ignite their audiences in the Irish tradition.

Location: Venus De Milo in Swansea, MA. Meal choice: Corned beef or baked haddock. Cost: \$92pp

### Wednesday, April 11 Country Legends

"Country Legends" is an incredible show coming to us directly from the Music City Capital of the world, Nashville, TN. The show features twelve stars, singers, dancers, and a bona fide band of Nashville musicians, plus dazzling staging and

costumes: all designed to celebrate a century of celebrities and treasured country songs that gained critical acclaim from Music City! Location: Lake Pearl Wrentham, MA. Meal choice: Stuffed chicken breast or baked schrod. Cost: \$92pp

### Thursday, May 24 The Everly Brothers and Simon & Garfunkel

Join Best of Times Travel as we roll through the decades celebrating two American music icons, The Everly Brothers & Simon and Garfunkel.

Performing tribute to these two amazing acts are the Guthrie Brothers. Songs include – Bye Bye Love • Wake Up Little Susie • Bird Dog • Problems •

Location: Lantana's Randolph, MA. Meal choice: New age chicken blue or vegetarian option.

Cost: \$92pp

### Tuesday, June 19 Eaglemania

"Eaglemania" is touted as the World's Greatest Eagles Nationally Touring tribute group, performing to sold out audiences everywhere they go. With five number-one singles, six Grammy Awards, five American Music Awards, and six number-one albums, the Eagles were one of the most successful musical acts of the 1970's.

Location: Danversport Yacht Club Danvers, MA. Meal choice: Stuffed chicken breast or baked schrod. Cost: \$92pp

### Tuesday, July 31 Spirit of Boston

Set sail with Best of Times Travel and the Spirit of Boston around Boston Harbor. Come aboard and enjoy the most entertaining experience in Boston featuring our luncheon Grande Buffet! This two-hour cruise on Boston's historic harbor is perfect for an afternoon getaway and is exclusive to Best of Times guests only! One price includes everything except drinks and photos. Location: Boston Harbor. Meal choice: Lunch buffet. Cost: \$95pp

### Tuesday, August 14 Bobby Rydell

With a career starting as a 1950s teen idol, to the present where he pays homage to both jazz and The Great American Song Book, Bobby Rydell draws sell-out crowds across the country, along with comedian Frankie Pace, seen on Saturday Night Live. Location Venus De Milo Swansea, MA. Meal choice: Chicken parmesan or baked schrod. Cost: \$99pp

**Wednesday, September 12      Kenny and Dolly  
Together Again**

Direct from the USA and after sell out shows across North America and Australia, Best of Times Travel presents this unforgettable tribute to two of the biggest names in Country Music this century - Kenny Rogers and Dolly Parton! Location: Danversport Yacht Club Danvers, MA. Meal choice: Stuffed chicken breast or baked schrod.  
**Cost: \$95pp**

**Wednesday, October 3      Simon Pearce  
Glassblowing & King Arthur Fall Foliage**

Join Best of Times Travel on this unique and culturally rich day trip during the peak of the fall foliage season. Great sightseeing and lunch at one of "America's Most Romantic Restaurants" makes this a fantastic day out. Touring locations include: Queechee Gorge, Simon Pearce Glassblowing Factory and King Arthur Factory. Location: Woodstock, VT. Meal choice: Roasted Shetland salmon or Tamarack Farms lamb burger.  
**Cost: \$119pp**

**Thursday, October 11      Buddy Holly Tribute**  
Join Best of Times Travel with the ultimate tribute to Buddy Holly, Ritchie Valens, and The Big Bopper featuring "Not Fade Away." Songs include: That'll Be the Day • Peggy Sue • Fool's Paradise • Chantilly Lace • Little Red Riding Hood • White Lightnin' • Location: Lake Pearl Wrentham, MA. Meal choice: Stuffed chicken breast or baked schrod. **Cost: \$92pp**

**Thursday, November 15      Rod Stewart Tribute**  
Rod Stewart has had 16 top ten singles in the US, with four reaching #1 on the Billboard Hot 100. Impersonator Rob Caudill has been touring the globe with the world famous Legends in Concert show out of Las Vegas for the past 15 years. He's truly the world's # 1 Tribute to Rod Stewart! Don't miss out! Location: Venus De Milo Swansea, MA. Meal choice: Chicken parmesan or baked schrod.  
**Cost: \$92pp**

**Tuesday, December 4      The Sicilian Tenors:  
Christmas Amore**

After a sell-out at Carnegie Hall, The Sicilian Tenors are ready to bring the joy of all our favorite Christmas songs to life on our Best of Times Travel stage. The Sicilian Tenors bring together three marvelous Tenor voices, each singing their own

interpretation of the world's best music. Location Danversport Yacht Club Danvers, MA. Meal choice: Stuffed chicken breast or baked schrod.  
**Cost: \$92pp**

**Overnight Trips**

**April 26-30      Virginia Tattoo, PA Dutch  
Country & Williamsburg, VA**

One of our most culturally enriching tours awaits you. Experience the "New Show Jesus" at Sight and Sound Theatre, revel in the VA International Military Tattoo Festival, experience Multiple Cultures at Bush Gardens, step back in time as we journey through Colonial Williamsburg, learn about the PA Dutch on our exclusive backcountry tour - 5 days / 4 nights. **Cost: \$50pp deposit / \$100pp insurance (due @ signup) \$999pp double, \$1,299pp single.**

**June 29-July 3      Nova Scotia w/ Tattoo Fest**  
This fantastic tour features the Royal Nova Scotia International Military Tattoo Festival, The Bay of Fundy, Halifax, Saint John, and the beautiful Annapolis Valley in Nova Scotia! 5 days / 4 nights. **Cost: \$100pp deposit/\$50pp insurance (due @ signup) \$1,199pp double, \$1,499pp single.**

**July 10-13      Montreal & Quebec Getaway**  
Join Best of Times Travel as we explore two of Canada's great cities in this wonderful 4 Day / 3 Night program. Montreal is the second largest city in Canada and the largest city in the province of Quebec. Originally called Ville-Marie, or "City of Mary," the city takes its present name from Mont Royal, the triple-peaked hill located in the heart of the city, whose name was also initially given to the island on which the city is located. **Cost: \$50pp deposit / \$50pp insurance (due @ signup) \$749pp double, \$1,049pp single.**

**August 19-23      Big Sky Montana Featuring  
Yellowstone National Park**

Welcome to Big Sky, Montana, an amazing piece of heaven that is the perfect resort location for visiting Yellowstone National Park. This incredible 5 Day adventure has so much to offer: The ultimate scenic view and high point of your summer is at the top of Lone Peak an experience of a lifetime to stand at an 11,166 ft. summit and view two national parks, three states, and many mountain ranges. **Cost: \$100pp deposit / \$50pp insurance (due @ signup) \$2,999pp double \$3,549pp single.**



# Join the Friends in 2018!

Please consider joining the Friends of Groveland Council on Aging in 2018, either through your \$5 membership (Jan-Dec) and/or through your help with our efforts to support programs and services for our town elders.

Thanks to you all, we have accomplished much this past year, including resuming the running of our popular Town-wide Yard Sale on the 3<sup>rd</sup> Saturday in September. We raised almost \$2,000 with that sale in 2017, including a generous amount from Savers Store in Plaistow, where many yard sale participants took their unsold items after the sale. In 2018, the sale will be held on September 15, rain or shine. If you have items you want to get rid of before that, think about our annual "Out With the Old and In With the New" upcoming collection at Savers on Saturday, January 13 (with a snow date of January 20). Just take your items outside to the left corner of the store, and be sure to TELL HELPERS WHEN YOU UNLOAD THAT YOUR CONTRIBUTION IS FOR THE GROVELAND FRIENDS. And thank you.

Thanks to your support and many volunteers, we were able to help fund numerous Council on Aging activities, including monthly birthday party cakes, entertainers and other supplies as needed. Since the Senior Center Initiative is moving ahead at a good pace, we look forward to raising funds and supporting the needs of the new Center, once it is built. Of course, we are thinking very positively that you seniors and other voters in town will support our need for a building of our own. We feel it is time for Lynne Stanton and her capable staff to move out of the two cramped rooms they currently use in Town Hall (with the large meeting room also used for special events and activities). We are among the few area COAs without a building of our own, despite having over 31% of our residents aged 60 and over! I was shocked when I heard those statistics, aren't you? We sincerely hope you care enough to attend the Annual Town Meeting on April 30, 2018 at Bagnall School and vote there for an over-ride to fund this project, and do the same at the Town Election on May 7. The cost of the project is currently being worked out by the architect and the Senior Center Building Committee. The building will be located behind the Police/Fire Station and in front of the River Pines housing complex. The site is very convenient, being close to the town offices, library, and elder/handicapped housing. We hope we can count on your support.

We would also like to invite you to join with our committee, as we are a very welcoming group and encourage new members at our monthly meetings. We take time off in mid-winter and mid-summer, and our usual meetings are on the first Thursday of the month at 3:00pm in Town Hall. However, our next meeting is changed to March 8 due to scheduling difficulties.

**Thank you for joining the Friends, in whatever capacity you are able.**

Sincerely, Valerie Osborne, President, FGCOA (978-374-6253)

✂ ✂ ✂ CUT AND MAIL-IN TO ADDRESS BELOW ... OR DROP AT COA OFFICE! ✂ ✂ ✂

2018 Friends of Groveland Council on Aging Membership Application (mail to Friends of Groveland Council on Aging, Inc., P.O. Box 301, Groveland, MA 01834 or drop off at the COA office in Town Hall)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

New/former member? \_\_\_\_\_ Amount enclosed? \_\_\_\_\_

I would like to know more about becoming a member: \_\_\_\_\_ Y/N

Please contact me at (phone or e-mail): \_\_\_\_\_

**The Friends of Veasey Memorial Park**  
**14<sup>th</sup> ANNUAL**  
**INDOOR FLEA MARKET**

**Saturday, MARCH 24<sup>th</sup>**  
**FUND RAISER - FREE ADMISSION**  
**(doors open) 8:00am - 2:00pm**

**Veasey Memorial Park - 201 Washington St. - Groveland MA**

*The Friends of Veasey Memorial Park* are holding their 14<sup>th</sup> Annual Indoor Flea Market!

**Everyone is welcome! Crafters, vendors, or folks just cleaning out ... !**

**RENT A TABLE: \$10 deposit required to reserve a table**

8' table - \$30    6' table - \$25    4' table - \$20

**For more info, call Claire Walsh at: (978) 376-6779 or email: [clairew1401@aol.com](mailto:clairew1401@aol.com)**

**Call for Vendor set-up hours!**

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the newsletter, kindly  
give the COA office a call.

Groveland Council On Aging  
Town Hall  
183 Main Street  
Groveland MA 01834